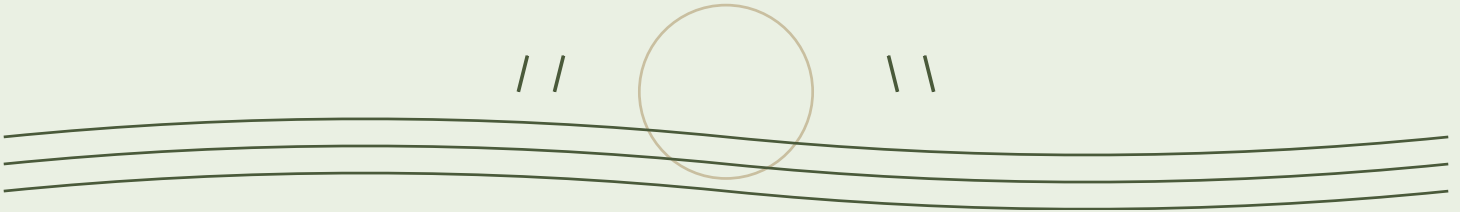


A SELF-GUIDED WORKBOOK

Lifestyle Alignment™

Discover the Property That Fits How You Actually Live

CLARITY · ALIGNMENT · FREEDOM



Why This Matters

Most people buy property based on how they imagine they want to live.

This process helps to identify how you actually operate — so your environment supports your life, long-term.

Your honesty creates clarity.

Clarity creates alignment.

Alignment creates freedom.

How To Use This Workbook

- ① Choose the answer that reflects your consistent behavior — not your ideal day.
- ② Think about your real patterns over the past 3–6 months.
- ③ Expect trade-offs. The best property supports your whole life — not just one part of it.
- ④ There are no right or wrong answers. This is about awareness, not perfection.

"The goal is not to find the perfect property. The goal is to find the right fit for your life."

Your Energy & Environment

Understanding where you draw energy and how you thrive in your surroundings.



01 Social Energy Orientation

When I feel most energized, I am:

☐ A Recharging alone or in quiet environments

☐ B Engaging in small, meaningful interactions

☐ C Around people, activity, and shared experiences

02 Environmental Preference

I thrive in environments that are:

☐ A Controlled, predictable, and structured

☐ B A balanced mix of structure and natural variability

☐ C Dynamic, changing, and outdoorsy



03 Operational Independence

I prefer to operate in a way that is:

☐ A Flexible within structure

☒ B Self directed with systems in place

☐ C I create my own rules, systems, and direction

04 Self-Sufficiency Orientation

My approach to self-sufficiency is:

☐ A I want basic independence, not full responsibility

☐ B I value discipline and being capable

☐ C I want to rely primarily on myself and my systems

SECTION TWO

How You Operate

Exploring your natural tendencies in decision-making, boundaries, communication, and resilience.



05 Resilience & Uncertainty

When life or circumstances shift unexpectedly, I do best when:

☐ A Things are stable and predictable

☐ B I can handle some fluctuation

☐ C I expect unpredictability and adapt easily

06 Boundary Structure

When it comes to protecting my time and energy, I tend to be:

- ☐ A Flexible and go with the flow
- ☐ B I need clear boundaries
- ☐ C I build systems to protect my time and energy

07 Communication Style

When I interact with others, my natural style is:

- ☐ A Functional — when necessary
- ☐ B Thoughtful and empathetic
- ☐ C Expressive — I enjoy presenting, teaching, or inspiring

SECTION THREE

Lifestyle Expression

How you connect with nature, serve others, and engage with community and work.



08 Nature Engagement

My ideal connection to the land or outdoors centers on:

- ☐ A Production (growing crops, animals, food use)
- ☐ B Experience (creating environments for others)
- ☐ C Activity (adventure, recreation, movement)

09 Service Orientation

I feel most fulfilled when I'm:

- ☐ A Caring for people or animals
- ☐ B Creating comfort and experiences for others
- ☐ C Teaching, guiding, or sharing skills and knowledge

10 Community Interaction

The way I most want to engage with my community is:

- ☐ A Bringing people onto my property (hosting guests)
- ☐ B Providing products/services and engaging locally
- ☐ C Participating in activities and recreation outside my property
- ☐ D Collaborating with other businesses or creators

11 Work-Life Integration

When it comes to balancing work and daily life, I prioritize:

- ☐ A Work and life are blended; long hours are OK
- ☐ B Defined work hours and predictable schedule
- ☐ C Prioritize comfort, ease, and low physical demand
- ☐ D Work is service to others
- ☐ E Flexibility (half days, seasonal shifts)

12 Convenience Threshold

My need for everyday convenience is:

☐ A High — I need things to be convenient

☐ B Moderate — I like some convenience daily

☐ C Low — not a high priority

13 Time Orientation

Right now, I'm most focused on:

☐ A Daily rhythms and maintenance

☐ B Pursuing goals and milestones

☐ C Building a legacy

☐ D Building strategy for exit or transition

Take Your Time

Your clarity now creates freedom in your future. It's about choosing the property or environment that will support and sustain the version of you that you have become — or are becoming.

Clarity. Alignment. Freedom.

Let's Talk Through Your Answers →

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